The Time to Prepare is Now!

When disaster strikes, where will you be? What will you be doing? Unfortunately for us, Mother Nature doesn’t wait for the most convenient time to create devastation. That’s why it is of the utmost importance to be prepared at all times. This brochure will help you and your family members make the right decisions in the case of an emergency. Whether it be fires, hurricanes, tornados, or diseases, basic steps can be taken to make overcoming disaster much easier.

To Report an Emergency:

Call University Police at (817) 272-3003
Emergency Management at (817) 272-0117
Environmental Health & Safety (817) 272-2185
MavAlert: Be informed of campus emergencies!
Sign up https://www.warnsignup.com/mavalert/

For Additional Information...

- www.ready.gov
- www.cdc.gov (Centers for Disease Control)
- www.fema.gov (Federal Emergency Management Agency)
- www.redcross.org
- www.knowhat2do.com

We live in a little section of the U.S. known to citizens everywhere as Tornado Alley. The threat of these natural phenomena is real and should not be taken lightly.

Created by Emergency Management
700 S Davis Drive, Arlington, Texas 76019
Coordinator 817) 272-0117 or
Specialist (817) 272-0198
An important part of preparing for a disaster is being able to leave at a moment’s notice. Every home should have a basic supplies kit. Here are the most important things to include:

- Three day supply of non-perishable food
- Three day supply of water—one gallon of water per person per day
- Battery powered radio, flashlight, and extra batteries
- First aid kit and manual
- Sanitation and Hygiene Items
- Matches and waterproof container
- Whistle
- Three days worth of clothes
- Include a can opener or pull tab cans

Basic Disaster Supplies Kit

- Photocopies of I.D. and important documents (e.g., driver’s license)
- Cash and coins
- Special Needs Items (prescriptions, eye glasses, hearing aids)
- Other items to meet your unique family needs

Communication Plan

Without proper communication during a disaster, receiving the help you need becomes more difficult. Protect yourself and your loved ones through these basic steps:

- Sit down with your family and establish a meeting point in case of a disaster. This is especially helpful with house fires because the whole family will know where to go in case of separation. Close-by parks are excellent meeting points.
- Your family may not be together when disaster strikes. Plan how you will contact one another
- Establish in-state emergency contacts as well as an out-of-state emergency contact
- In case you have pets, plan for their disaster needs by identifying shelter, gathering pet supplies, ensuring your pet has proper ID and up-to-date veterinarian records, and providing a pet carrier and leash.

Use foods before they go bad, and replace them with fresh supplies

Take Some Action!

If you have any children or siblings, it’s important to know where they will be taken if the school they attend must be evacuated.

- An excellent idea for individuals who live alone is to partner with nearby neighbors or friends when creating and carrying out your disaster plans.
- When constructing your emergency plan, let someone you trust know about the details of the plan so they can check up on you in the event of an emergency.

It is important to understand that things don’t always go according to plan. No one can predict the exact outcome of a natural disaster and the effect it will have on the community. Use common sense and stay calm when incidents happen.

The impulse in any emergency is to locate and care for those who depend on us. However, by ensuring our own safety first, we can then care for others. Think of what we are told as we buckle into an airplane seat: “In an emergency, put your own oxygen mask on first and make sure that oxygen is flowing before attending to others.”